



# CATERING



All Nutrifit items are Gluten-Free + Dairy-Free developed along side Nutritionst Catherine Burns

## SALADS \$7.00 per serving

### Nutrifit Layered Moccan Salad

quinoa, pomegranate, orange, chickpeas, cucumber, mint, cilantro, pistachios, spiced yoghurt dressing

### Nutrifit Spicy Wild Rice + Chickpea Salad

lentils, spicy chipotle pepper dressing

### Nutrifit Crunchy Quinoa Salad

cashews, cranberries, kale, champagne vinaigrette

### Nutrifit Hong Kong Confetti Salad

carrots, red cabbage, bell peppers, sweet onion, cilantro, ginger, toasted sesame, tamari, honey, fresh lime

### Nutrifit Kickin Kale Salad

lemon, evoo, honey, tahini, toasted sesame seeds, pine nuts

## MEALS

### Flank Steak with Crunchy Quinoa + Kickin Kale Salad \$19

cashews, cranberries, champagne vinaigrette, kale, lemon, olive oil, honey, tahini, pine nuts

### Spicy Wild Rice, Chickpea + Arugula Salad (Vegan) \$15

lentils, onion, peppers, cilantro, chipotle, honey, mustard, cherry tomatoes, hummus

### Nutrifit LUNCH BOX \$24

moroccan salad or spicy wild rice, chickpea & arugula salad, veggie sticks & hummus, Go Macro mini bar, flavored sparkling water

### Mango Chicken, Hong Kong Confetti + Kickin Kale Salad \$19

carrots, red cabbage, peppers, cilantro, kale, lemon juice, olive oil, curry powder, mango chutney, sesame, rice vinegar, lime, honey, tamari, ginger, pine nuts

### Moroccan Salad (Vegan) \$15

quinoa, pomegranate, orange, chickpeas, cucumber, mint, cilantro, pistachios, coconut yogurt, olive oil, lemon, maple syrup, miles-to grow microgreens + sprouts

## LUNCH PLATTER COMBOS

*priced per person, minimum 10 people*

### Nutrifit Salmon Combo \$27 pp

wild rice + chickpea salad, grilled chilled salmon fillets, veggies + hummus, go macro mini bars

### Nutrifit Chicken Combo \$27 pp

crunchy quinoa + kale salad, grilled sliced chicken breast, marinated vegetable platter, Nutrifit chocolate chip banana bread

For Miles Market's full catering menu, please visit [www.miles.bm/catering](http://www.miles.bm/catering)

To order contact [mileskitchen@miles.bm](mailto:mileskitchen@miles.bm) or 441 295 1234