



HOW TO TREAT A MAN O' WAR STING

What you need:

- White Vinegar
- Shaving Cream or Foam Soap
- Scraper (any hard edged object)
- Water (hotter the better)
- Heat (heating pad or hot bath)

Step-by-step:

- 1 Pour vinegar over the tentacles - this causes them to shrivel up.
- 2 Apply shaving cream + scrape the affected area.
- 3 Rinse with water.
- 4 Apply heat with a heating pack or hot bath. As hot as can be tolerated.
- 5 Call 911 if victim is having breathing difficulty or showing signs of shock.

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